



ECI COACHING

EXECUTIVE COACH INTERNATIONAL

LEADERSHIP COACH TRAINING PROGRAM (LCTP)

An ICF Accredited Program

WWW.ECICOACHING.COM





Executive Coach International (ECI) is one of the largest and the most established professional coaching organizations in Singapore that focuses on transforming human potential into tangible, lasting results.

Founded in 2004 by Singapore and South East Asia's first Master Coach, Kelvin Lim, ECI is one of the most established institutions in the region. Our coaching technology is based on principles that govern human evolution, and our training syllabus incorporates proven techniques that have transformed thousands of lives over the years through our proprietary TruCoach™ Methodology. More than 50% of the ICF-MCC coaches in Singapore started their training at ECI.

ECI is also one of the very few institutions in the region that has 2 different ACTP (Accredited Coach Training Program) pathways that have been accredited by the International Coaching Federation (ICF).

OUR CLIENTS



...and many more!

Overview of the Leadership Coach Training Program (LCTP)

The **LCTP** program is designed to enable you to coach with clarity and develop people effectively within their different roles. This program also improves the ability of an organization's leaders to cope with the leadership challenges they face in their work, imparts the core principles of being a leader, and provides tools to facilitate the development of new leaders. This ICF accredited training program marks the beginning of a powerful development for you as a leader

- **Interactive training** to help you grasp key concepts and the latest thinking.
- **Group coaching** to facilitate learning with other leadership coaches.
- **Real-life live demonstration** of coaching and discussions.
- **Activities** to sharpen your leadership coaching in a safe and ontologically-challenging environment.

What makes our **Leadership Coach Training Program (LCTP)** so unique?

1) Principles of Leadership Performance

Coaching leaders requires an understanding of the key areas of performance of leadership. Leadership is a skill that is often not taught. This program includes sharpening your skills by utilizing your personal qualities and honing it during the program. It trains you on specific leadership factors and includes experiential learning opportunities to practice and apply your skills.

2) Dynamics and Roles

Learning to lead and coach leaders requires both your skills and knowing how to motivate and inspire others. LCTP engages you in deep inquiry to hone your understanding of the dynamics between your holistic being and your functional roles, as well as how you can use this newfound awareness to lead in all settings.



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What makes our **Leadership Coach Training Program (LCTP)** so unique?

3) Inspire Leadership

Leadership coaching is about a coach inspiring a person to be a better leader. It is both a function of developing specific leadership skills within the leadership discipline, as well as the ability to call forth insights and realizations from the development of different key areas of leadership. You will learn how to bring forth these moments of deep reflections and realizations in the talent you are grooming.

4) Developing Your Unique Leadership Style

Leadership is a complex discipline that requires an aligned attitude and the exercise of these disciplines on a consistent basis at all levels of an organization, in and across different teams. Through LCTP, gain awareness over how you lead and why. Learn how to use your unique attributes to catalyze and build up different teams within an organization.



ICF Credentialing Requirements

ICF Associate Certified Coach Requirements (ACC)

1. 60+ hours of coaching education (*ECI Level 1 Package*)
2. 10 Mentor Coaching Hours (*ECI Level 1 Package*)
3. 100+ hours of coaching experience (*ECI Alumni Network*)
4. Passing the Level 1 Practical Evaluation
5. Coach Knowledge Assessment by ICF (MCQ Format)

ICF Professional Certified Coach Requirements (PCC)

1. 125+ hours of coaching education (*ECI Level 2 Package*)
2. 10 hours of Mentor Coaching (*ECI Level 2 Package*)
3. 500+ hours of coaching experience (*ECI Alumni Network*)
4. Passing the Level 2 Practical Evaluation
5. Coach Knowledge Assessment by ICF (MCQ Format)



ICF Level 1 LCTP Pathway



Module 1 - Fundamentals of Coaching

This module kicks off your coach training journey. In this module, you learn the basic building blocks of coaching. You are taught the complete coaching process which can be applied to coach any client situation and have a functional resolution to the client's case.

30 Coach Training Hours + 3 Mentor Coaching Hours

Module 2 - Principles of Leadership Coaching

This module teaches you how a leader can manage a team of people from diverse backgrounds with conflicting opinions to a goal they can work towards. You will study the basis of how teams work as well as how systems are created so that you are able to analyze, critique, build and rebuild teams to higher performance and systems from all robust corporations.

30 Coach Training Hours + 4 Mentor Coaching Hours

10 hours of mentor coaching

(7 hours in class and 3 hours 1-1 outside of class)

Level 1 Practical Evaluation

(eligible for application for ICF ACC accreditation)



ICF Level 2 LCTP Pathway



Module 1 - Fundamentals of Coaching

30 Coach Training Hours + 3 Mentor Coaching Hours

Module 2 - Principles of Leadership Coaching

30 Coach Training Hours + 4 Mentor Coaching Hours

Module 3 - Performance Coaching

In this module, you will learn to coach a person over multiple sessions. You will learn to detect underlying limit patterns which hold your clients back and have the toolsets to break these patterns. A client has lasting, transformational change from resolving these patterns.

32 Coach Training Hours + 4 Mentor Coaching Hours

Module 4 - Advanced Leadership Coaching

In this module, we would focus on values, thinking models, communication, and paraverbal communication models. Distinguish what it takes to create a combination of these factors to influence and motivate others via charisma. Other concepts of intrinsic motivation of individuals, gamification of leadership as an application and influence will be covered.

35 Coach Training Hours

10 hours of mentor coaching

(10 hours covered in class)

Level 2 Practical Evaluation

(eligible for application for ICF ACC & PCC accreditation)



LCTP Schedule in 2026

Module 1 - Fundamentals of Coaching (Level 1 & 2)

PCTP 1 - January / February 2026 Intake		
Training Dates	Days	Time
31st January - 1st February 2026	Saturday - Sunday	9.00am - 6.30pm
7th - 8th February 2026	Saturday - Sunday	9.00am - 6.30pm

PCTP 1 - April 2026 Intake		
Training Dates	Days	Time
4th - 5th April 2026	Saturday - Sunday	9.00am - 6.30pm
11th - 12th April 2026	Saturday - Sunday	9.00am - 6.30pm

PCTP 1 - July 2026 Intake		
Training Dates	Days	Time
4th - 5th July 2026	Saturday - Sunday	9.00am - 6.30pm
11th - 12th July 2026	Saturday - Sunday	9.00am - 6.30pm

PCTP 1 - September 2026 Intake		
Training Dates	Days	Time
5th - 6th September 2026	Saturday - Sunday	9.00am - 6.30pm
12th - 13th September 2026	Saturday - Sunday	9.00am - 6.30pm

PCTP 1 - November 2026 Intake		
Training Dates	Days	Time
14th - 15th November 2026	Saturday - Sunday	9.00am - 6.30pm
21st - 22nd November 2026	Saturday - Sunday	9.00am - 6.30pm

Module 2 - Principles of Leadership Coaching (Level 1 & 2)

LCTP 1 - Principles of Leadership Coaching

LCTP 1 - May 2026 Intake		
Training Dates	Days	Time
7th - 8th May 2026	Thursday - Friday	9.00am - 6.00pm
9th - 10th May 2026	Saturday - Sunday	9.00am - 7.00pm

LCTP 1 - December 2026 Intake		
Training Dates	Days	Time
3rd - 4th December 2026	Thursday - Friday	9.00am - 6.00pm
5th - 6th December 2026	Saturday - Sunday	9.00am - 7.00pm

LCTP Schedule in 2026

Module 3 - Performance Coaching (For Level 2 students)

PCTP 2 - Performance Coaching

PCTP 2 - March 2026 Intake		
Training Dates	Days	Time
7th - 8th March 2026	Saturday - Sunday	9.00am - 6.30pm
12th March 2026	Thursday	7.30pm - 10.30pm
21st March 2026	Saturday	9.00am - 6.00pm
26th March 2026	Thursday	7.30pm - 10.30pm
2nd April 2026	Thursday	7.30pm - 10.45pm

PCTP 2 - August 2026 Intake		
Training Dates	Days	Time
1st - 2nd August 2026	Saturday - Sunday	9.00am - 6.30pm
5th August 2026	Wednesday	7.30pm - 10.30pm
15th August 2026	Saturday	9.00am - 6.00pm
20th August 2026	Thursday	7.30pm - 10.30pm
27th August 2026	Thursday	7.30pm - 10.45pm

Module 4 - Advanced Leadership Coaching (For Level 2 students)

LCTP 2 - Advanced Leadership Coaching

LCTP 2 - July 2026 Intake		
Training Dates	Days	Time
23rd - 24th July 2026	Thursday - Friday	9.00am - 6.00pm
25th - 26th July 2026	Saturday - Sunday	9.00am - 7.00pm

SkillsFuture Workshop: Practical Coaching Skills to Manage Stakeholders

(<https://ecicoaching.com/practical-coaching-skills-to-manage-stakeholders/>)

Practical Coaching Skills to Manage Stakeholders (Skillsfuture-funded)		
Training Dates	Days	Time
20th - 21st January 2026	Tuesday and Wednesday	9.00am - 6.00pm
20th - 21st May 2026	Wednesday and Thursday	9.00am - 6.00pm
11th - 12th November 2026	Wednesday and Thursday	9.00am - 6.00pm
More intakes to be released in 2026		

Reviews from our students

The training has been shown me the positive transformative power of coaching. I can now not only apply what I have learnt to being a better leader and coach, I am now inspired to work on my self mastery.

Carolyn Kan - Founder of Carrie K.

Overall phenomenal experience with the spot on content flow which helps me to apply my learnings seamlessly.

Sher Bashar - Global Learning & Development Snr. Specialist

The fundamentals of coaching training equipped with me the useful tools to start being a life coach. The course is well constructed, with plenty of practices and feedbacks. I am much more confident than before. It also help me to gain more clarity and realizations about myself.

Muhammad Mohsin - Business Development Executive

This journey has taught me a lot and will undoubtedly leave an imprint on my entire life. I have a strong sense of awakening and moving forward to become a better version of myself.

Cindy Ang - ITEC/WSQ Trainer

This program is a must attend for anyone interested in exploring how to help yourself / others grow. I witnessed and personally experienced transformations and breakthroughs right in the class!

Vivek - Strategy Consulting

It's a privilege to be able to be coached by Kelvin and also witness some of the most in-depth demonstrations and teachings of coaching. Expanded my knowledge of how deep coaching can go to empower a client, and the corporate and leadership factors for coaching leaders, managers or a person. Thank you Kelvin!!

Lois Toh - Senior Manager



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KELVIN LIM

- Founder of ECI Coaching
- Master Certified Coach (MCC)



Kelvin began the professional coaching path after some illuminating and profound experiences in 1996. He delved deeply into the work and exploration of human development and transformation from 1997.

In 2005 Kelvin became the first Master Certified Coach (ICF) in South East Asia. He served on the ICF global Exco for Standard and Ethics as well as Marketing and PR. Kelvin also taught at Coach U and Corporate U in Asia.

For 23 years, Kelvin has impacted and trained a remarkable amount of clients, including business owners, directors, government officials and C-suite executives from local to international organizations, many hailing from Fortune 500 Companies.



Kelvin served on the board of Culture Project (NYC), a consultative organization to the UN, in the company of public figures such as Fisher Stevens, Oscar Winning Producer of "The Cove". Kelvin was a sponsor for the 64th UN anniversary celebration in 2009 and was involved in the UN fund raising efforts during the 2010 earthquake in Haiti.

Kelvin holds the world record for the most number of people (522 over 30 days) coached consecutively by a single person.

Kelvin is also Executive Producer and Asian Master Coach representative for "Leap: The Coaching Movie", a documentary in 2017 (<http://coachingmovie.com/>). Kelvin most recently launched his 6th book publication, "What's Going On in the Coaching World".

Kelvin received his Bachelor of Business Administration from Monash University and his MBA from Aldersgate University. He is also one of the original 7 Guerilla Marketing Master Trainers and the Reiss Motivational Profile Master Instructor for Asia.

JULIA NG

- Professional Certified Coach (PCC)
- Executive Coach
- Lead Trainer for Professional Coach Certification Program



Coaching and training since 2003, Julia has spent over 10,000 hours making a difference to others through her coaching and coach training programs, workshops, talks, and personal coaching sessions.

At ECI Coaching, Julia is a senior coach, and a lead trainer, content developer, mentor, and examiner for the Professional Coach Training Program. She has also coached student leaders at Singapore Management University, and faculty at Yale-NUS as part of the ICF Singapore Chapter's Coaching 4 Community initiative.

Julia's vast coaching experience makes her a versatile coach, employing approaches that are best suited for her clients' development and success. As a trainer, her students benefit from the clarity of her teaching which they find highly applicative in their profession and personal life. She is methodical, meticulous, and is known to be the gold standard for accurate technical knowledge. Inspired by her stand for them to become powerful individuals professionally and personally, many of her clients have become practicing coaches themselves.

Prior to coaching, Julia was a sought-after branding and design consultant who held key positions in internationally renowned design firms in the USA, Australia and Singapore. She has successfully mentored and inspired teams in creating vision, strategy, award-winning results and personal growth. She was an adjunct lecturer at Temasek Polytechnic's School of Design where she led graduating students to win awards in the first Crowbar Awards in Singapore.



SIM WEI PING

- Master Certified Coach (MCC)
- Executive Coach
- Lead Trainer for Professional Coach Certification Program
- Designs the curriculum for the accredited programs and workshops



Wei Ping's strong grasp of coaching theory and application saw her rising up the ranks to join the exclusive group of Professional Coach Training Program trainers within a record time of two years.

She personally took on the creation and compilation of all the trainer and student notes for the program and quickly established herself as main lead in 3 of the 4 modules, leaving many of her student-coaches inspired by not just her insightful coaching and technical precision, but also by who she is as a person.

At Executive Coach International, Wei Ping spearheaded the training and development curriculum and the onboarding process for the organization's body of coaches. She actively supervises and mentors the coaches for ECI's coaching programs, and has gained deep respect from the coaches.

Prior to coaching, Wei Ping spent 7 years in the banking industry. Her effectiveness and efficiency led her to be consistently ranked amongst the top ten percentile of performers. Known for her problem solving and solution structuring abilities, Wei Ping is also a certified PRINCE2 Practitioner (one of two internationally recognized project manager designations) and has finished all 3 levels of the Chartered Financial Analyst exams.

In 2011, Wei Ping left the corporate rat race to pursue a more authentic and meaningful life. Through coaching, she found her passion – to help people discover what is really important to them and change their lives for the better.





Action Steps

1

Take a read through on what the curriculum is about and how the program offerings resonate with what you're looking for.

2

Reach out to Clara (97970710) with any questions you have and if you require any clarifications.

3

Join us on our **FREE** weekly online preview to get an experience of how our coach training programs are held and also a Q&A session. This will help you in your decision making process!

The coaches at ECI recognise that leadership and work is not just about managing tasks — it's about inspiring people and navigating complex organizational landscapes with finesse and strategic insight.

Why ECI?

- We are the most established coaching company in Singapore, having started our coaching journey since 2004. ECI is also founded by the first ever **Master Certified Coach** in Southeast Asia, Kelvin Lim. He has been actively developing and leading programs for ECI over the years.
- We are one of the few institutions in the region to receive **2 Accredited Coach Training Program (ACTP) accreditation** from the ICF for our **1) Leadership Coach Training Program (LCTP)** and **2) Professional Coach Training Program (PCTP)**, which provides our students with the options of their coaching journey, and also an affirmation that ECI adheres to the highest international standards in coach training.
- We keep our class sizes small. We have a **1:10 trainer** to student ratio for supervised mentoring in class. We provide **personalized written feedback** after each module for each student to improve in their coaching.
- We provide support for our alumni through our network of 500+ coaches to clock your required 100 or more coaching hours, with fortnightly coaching drills to get feedback on your coaching progress and lastly, you get to review your modules for free.
- Click [here](#) to check out one of the initiatives we run for our ECI coaches in training!



CONTACT US

FOR MORE COACHING-RELATED QUERIES OR
INFORMATION, DO CONTACT:

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For updates on future events, courses and
even coaching tips, follow us on our social
media pages - **@eci.coaching** on linkedin and
instagram!